

THE PEOPLE'S DANCE PARTY



WHAT IS A RELAXED SHOWING?

Bring A Plate (BAP) Dance Company, in partnership with Metro Arts are proud to deliver a relaxed showing of The People's Dance Party. We understand there can be barriers to accessing shows in traditional theatrical venues for some people, these may include elements such as bright or flashing lights, loud noises or lock outs. In our plan have considered different elements of the show including front of house, technical production and dramaturgy to adapt to what is referred to as a 'relaxed' session.

CHANGES TO A RELAXED SHOWING:

- Welcoming on arrival: members of the BAP team are present upon entry to Metro Art's alley to welcome and speak with audience members as well as point out key landmarks
- Housekeeping: The MC acts as a special guide for the show, describing to the audience what will happen and how they can be involved in the show
- Front of House are available to assist audience members when required
- Doors of the venue remain open throughout the show to allow audience members to exit and enter as required
- Artists perform in the centre of the venue for the duration of the show (as opposed to popping up in different locations)
- Sound: music, sound effects and instruments are reduced 30% to allow for ease of communication
- BAP stage manager is working with Metro Arts and the sound and lighting technician throughout the show to respond to audience needs
- Venue Brightness: During a standard session the "house lights" of the venue are turned off and only theatrical lighting remains. During the PDP house lights will be turned up 30% to allow more visibility in the space
- Affects: No smoke or strobe lights will be used for this session

In offering a relaxed session, we strive to make theatre more accessible for younger and older audiences, people with sensory processing difficulties, adults with children and/or anyone else in the community that might be affected by certain show elements. We are always open for feedback as we continue to grow as a company and deliver services for the community, please contact us directly to discuss the show.