

CAKE

Access Information

This document has specific information on the accessibility measures available for IMRSE's 2024 production of CAKE.

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Wheelchair and Mobility Aid Access.

There are wheelchair and mobility aid accessible seats available. Please contact Metro Arts in advance on 07 3002 7100 or at info@metroarts.com.au, or come see us at front of house. There are flat floors and a small lift, allowing you to enter the venue.

At one point, flutter (small pieces of confetti-like paper) will be dropped from the ceiling. After the show, there will be an immediate sweep of the area, allowing you to pass through if you have any concern about slipping or wheels being jammed.

Strobe.

CAKE uses strobe lighting once, and bright flashing lights throughout the show, including one major dance number. Light sensitivity cue cards are available if you need to prepare yourself or close your eyes.

Light Sensitivity Cue Cards.

To aid those with sensory sensitivities, Front of House will be providing a Light Sensitivity Cue Card. You can scan a QR code to access it, or there will be a

limited number of printed copies available at the front desk. The information from the Light Sensitivity Cue Card is also copied here:

LIGHTING SENSITIVITY CUE CARD.

Welcome to CAKE!

As part of our accessibility program for this show, we are providing anyone with light sensitivity with this cue card. It shows the lines immediately before our two major lighting events so that you can prepare yourself or close your eyes.

Your lines are:

“King Louis the Sixteenth, if you don’t drop your ruffled pantaloons and pollinate the delicate rose bud of my precious chastity this instant, I am going to lose it!”

(Before a strobe effect.)

And...

“Yes, now! Isn’t that what you all want? A party with sex? PLACES EVERYONE!”

(Before a major dance number with flashing, colourful lights. This goes for approximately 4 minutes.)

Some seats in the theatre are also marked as being bad for people with light sensitivity. If you are assigned to one of these seats, either swap with someone near you or come speak to us here!

Enjoy the show!

Light Sensitivity Seating Arrangements.

Seats have been evaluated for exposure to bright lights. Any seat deemed entirely inaccessible to those with light sensitivity will have a placard placed on them. If your seat has this placard, please either swap with someone around you, or come see us at Front of House for support. The information on the placard has been copied here:

This seat is not suitable for someone with light sensitivity. If this is you, please swap seats with someone or come speak to us at the front!

Haze Machine Specifications.

CAKE uses a haze machine throughout the show. We are using a Unique 2 Haze Machine with Unique Fluid, which is water based. It contains no oil or silicone

and ingredients correspond to the highest purity level. It is a mixture of polyhydric alcohols and water, with no hazardous ingredients.

It contains one or more of the following:

- Triethylene Glycol (CAS# 112-27-6)
- Monopropylene Glycol (CAS# 57-55-6)
- Dipropylene Glycol (CAS# 110-98-5)
- Demineralised Water (CAS# 7732-1805)

Tiered Trigger Warning System.

For this show, IMRSE has developed a Tiered Trigger Warning system. Recent research has suggested that trigger warnings are not as effective as previously understood. However, we believe that removing trigger warnings and not replacing them with any other proven options would be irresponsible.

This system is a product that we are still developing, so it may not be perfect. Everyone in the industry is still learning what exactly best practice looks like in regard to accessibility. Our goal is to learn, grow, and experiment as we work towards what is best practice for us.

At IMRSE, we make art where you choose your own experience. Our Tiered Trigger Warnings work the same way.

Anything you choose to look at will have spoilers. It will change your experience of the show. We have split the warnings into sections so that you can choose what you need or want to know. This choice is yours.

All tiers of triggers are available across the next five pages of this document.

There is space between each section so that you can pick and choose what warnings you want or need to see. Please skip the next five pages if you do not want to see these.

SPOILERS!

We have provided trigger warnings on:

Basic trigger warnings.

Sex and sexual violence.

Children.

Demearing phrases.

Food and eating.

Substances.

We have left space between sections so that you can pick and choose which warnings you want to see.

Basic Trigger Warnings.

Sexual references and depictions.

Depictions of (date) rape.

Depictions of alcohol use.

Depictions of violence.

Depictions of gaslighting and verbal abuse.

SPOILERS!

Violence.

Depiction of choking, punching, slapping, and kicking.

Depiction of forced feeding.

Depiction of rape.

Depiction of beheading, stabbing, and death.

References to blood and bile.

References to child abuse, torture, and forced confession.

Sex and Sexual Violence.

Depiction of (date) rape.

Depiction of sex under the influence.

Depiction of an orgy.

Depiction of kink and sexual degradation.

Significant sexual references.

References to/depiction of bestiality.

SPOILERS!

Children.

Reference to death of a child through illness.

Reference to torture and abuse of a child.

Reference to death of a baby.

Reference to sexual abuse of a child.

Reference to forced confession of a child.

Demeaning Phrases.

- Cow.
- Camel-toe.
- Pig in a wig.
- Bitch-tits.
- Wretched slag.
- Human-shaped garbage.
- Stuck-up bitch.
- Circus clown.
- Everyone hates you.

SPOILERS!

- No one cares.
- Prudish.
- Prissy.
- Dense.
- Slut.
- Skanky moll.
- Smooth brain.
- Dirty bitch.
- Dim.
- Rancid whore.
- A little ft.
- Bitch.
- Spoiled.
- Hippo.
- Twat.
- Silly woman.

The show also has a line referencing a historical conspiracy theory that is ableist towards people of short stature or people with dwarfism.

SPOILERS!

Food and Eating.

Depiction of forced feeding.

Slamming someone's head into food.

Depiction of food and eating.

References to/depiction of cannibalism.

Depiction of alcohol consumption.

Substances.

Depiction of heavy alcohol use.

Depiction of drunkenness.

References to drugs.

References to forced drinking.

Sexual coercion and rape under the influence.

END OF SPOILERS.

Allergen Advice.

We are not serving food to the audience at CAKE. However, there are portions of the show where there is food on stage. We understand that some allergies are airborne and, even if those ingredients are not said to be present, having a full ingredient list can help alleviate some of the anxiety that comes with having a severe food allergy.

A list of ingredients including common allergens, raw ingredients, and ingredients from cooked foods are available here.

Common Allergens.

- Peanuts.
- Wheat.
- Gluten.
- Milk.
- Eggs,
- Cashews
- Almonds.
- Macadamias.
- Walnuts.

- Pecans.
- Hazelnuts.
- Pistachio nuts.

Raw Ingredients.

- Asparagus.
- Rocket.
- Lemon.

Cooked Ingredients.

- Sugar.
- Wheat flour.
- Thiamin.
- Folic acid.
- Canola oil.
- Milk.
- Greek yoghurt.
- Humectant.
- Egg powder.
- Raising agents (450, 500).

- Egg white powder.
- Natural vanilla flavouring.
- Salt.
- Stabiliser (415, 410).
- Preservative (202, 223).
- Icing sugar.
- Tapioca starch.
- Vegetable shortening.
- Palm fat.
- Coconut oil.
- Emulsifiers (435, 471, 322, 471 from palm, 475 from palm).
- Antioxidant (307b).
- Natural flavour.
- Cream.
- Milk solids.
- Starter culture (milk).
- Unsalted butter.
- Glucose syrup.
- Neufchatel cream cheese.
- Natural colour (beetroot red).

- Spirulina concentrate.
- Natural strawberry flavouring.
- Dates.
- Cashews.
- Cacao powder.
- Desiccated coconut.
- Almonds.
- Peanuts.
- Egg white.
- Belgian white chocolate.
- Cocoa butter.
- Raspberry.
- Belgian dark chocolate.
- Cocoa mass.
- Cocoa powder.
- Starch.
- Pistachio nuts.
- Coconut oil.
- Sunflower oil.
- Vegetable oils and fats.

- Hazelnut.
- Gelling agent (pectin).
- Acidity regulators (330, 331).
- Carotene.
- Carmine.

All ingredients stay the same for every show.

Audience Interaction.

There are moments of audience interaction in CAKE. However, it is only in the form of call and response (where you are asked to shout out a predetermined word. You will not be called out if you do not participate.

Accessibility Survey.

If you use any of our accessibility measures at CAKE, including:

- Tiered trigger warnings.
- Light sensitivity cue cards.

- Allergen list and/or haze specifications.
- Light sensitivity seat changes.

We'd appreciate if you could take the time to fill out this anonymous survey:

<https://forms.gle/tRKGmQgkKwxXTks99>

Further Questions.

If you have any further questions about accessibility at IMRSE, please email

access.imrse@gmail.com